

## PARTIAL AGONIST BEHAVIOUR OF ADENOSINE 5'-O-(2-THIODIPHOSPHATE) ON HUMAN PLATELETS

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- 1 The effects of an adenosine diphosphate (ADP) analogue, adenosine 5'-O-(2-thiodiphosphate) (ADP- $\beta$ -S), in which a terminal phosphate oxygen has been replaced by sulphur, were studied on human platelets.
- 2 ADP- $\beta$ -S induced platelet aggregation and inhibited prostaglandin E<sub>1</sub> (PGE<sub>1</sub>)-stimulated adenylate cyclase but in both cases was less potent than ADP and did not achieve the same maximal effects.
- 3 Both actions of ADP could be inhibited by the simultaneous addition of ADP- $\beta$ -S (50  $\mu$ M).
- 4 Aggregation induced by 11 $\alpha$ , 9 $\alpha$ -epoxymethano prostaglandin H<sub>2</sub> (a stable endoperoxide analogue) was not inhibited by simultaneous addition of ADP- $\beta$ -S (50  $\mu$ M).
- 5 The behaviour of ADP- $\beta$ -S towards human platelets was consistent with it being a partial agonist.

### Introduction

Adenosine diphosphate (ADP) is a physiologically important inducer of human platelet aggregation, and also causes noncompetitive inhibition of stimulated adenylate cyclase in intact human platelets (Gaarder, Jonsen, Laland, Hellem & Owren, 1961; Haslam, 1973). Some analogues of ADP substituted at the C<sup>2</sup>-position, such as 2-chloro-ADP, 2-methylthio-ADP and 2-azido-ADP, are more potent than ADP as aggregating agents (Gough, Maguire & Penglis, 1972; Cusack & Born, 1977) and as inhibitors of prostaglandin E<sub>1</sub> (PGE<sub>1</sub>)-stimulated adenylate cyclase (Macfarlane & Mills, 1977; Macfarlane, Srivastava & Mills, 1979). Replacement of the diphosphate group of ADP and of 2-chloro-ADP by  $\alpha,\beta$ -methylene diphosphonate results in loss of significant aggregating potency (Gough *et al.*, 1972; Horák & Barton, 1974).

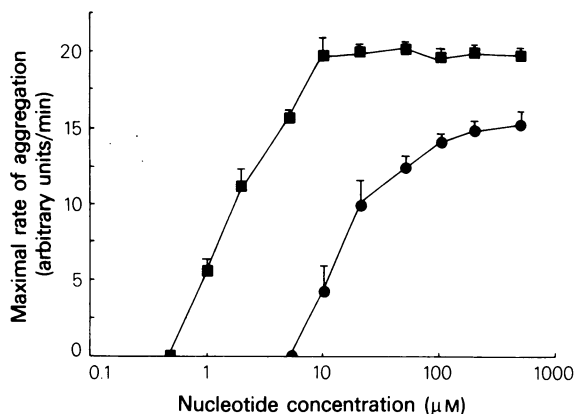
Recently ADP has been shown to inhibit a PGE<sub>1</sub>-stimulated adenylate cyclase in a purified human platelet membrane preparation but only achieved 25% inhibition compared with up to 90% inhibition found in intact platelets. In addition, adenosine 5'-O-(2-thiodiphosphate) (ADP- $\beta$ -S), an analogue of ADP with a terminal ( $\beta$ ) phosphate oxygen replaced by sulphur, was found to be equipotent with ADP as an inhibitor of PGE<sub>1</sub>-stimulated adenylate cyclase in the purified membrane preparation (Cooper & Rodbell, 1979). During a study of ADP-binding to washed human platelets, ADP- $\beta$ -S was reported to inhibit equally ADP-binding and, after 1 min incubation, ADP-induced aggregation (Lips, Sixma & Schiphorst, 1980). In view of the potency of ADP- $\beta$ -S as an inhibitor of PGE<sub>1</sub>-stimulated adenylate cyclase

in platelet membranes (Cooper & Rodbell, 1979), it appeared possible that ADP- $\beta$ -S could also induce aggregation. We therefore compared the effects of ADP- $\beta$ -S and ADP on intact human platelets.

### Methods

Human platelet-rich plasma (PRP) was obtained by centrifuging citrated venous blood at 260 g for 20 min at room temperature and collecting the supernatant. Aggregation was quantified photometrically (Michal & Born, 1971) as the maximal rate of change in light transmission (arbitrary units per min) through a 1 ml sample of stirred PRP at 37°C on addition of test solutions.

Measurement of changes in platelet adenosine 3',5'-cyclic monophosphate (cyclic AMP) was performed on PRP that had been preincubated for 90 min at 37°C with purified [<sup>14</sup>C]-adenine to label platelet adenine nucleotides (Haslam & Rosson, 1975). Aliquots (0.9 ml) at 37°C were treated with solutions (0.1 ml) of ADP and/or ADP- $\beta$ -S, which contained PGE<sub>1</sub> (10  $\mu$ M) (to stimulate adenylate cyclase) and papaverine (20 mM) (to inhibit phosphodiesterase). After 20 s the incubation was stopped and cyclic AMP extracted by addition of 3 M perchloric acid (0.2 ml) containing [<sup>3</sup>H]-cyclic AMP to estimate recovery. The samples were centrifuged and the cyclic AMP in the supernatant was purified by chromatography on AG50W-X8 [H<sup>+</sup>] (1 ml), followed by treatment of the cyclic AMP-containing eluate with a suspension of 0.25 M barium sulphate (2  $\times$  0.6 ml) and centrifuged.



**Figure 1** Comparison of human platelet aggregation induced by ADP- $\beta$ -S (●) and ADP (■). All results are the mean of at least 3 determinations. Vertical bars show s.d.

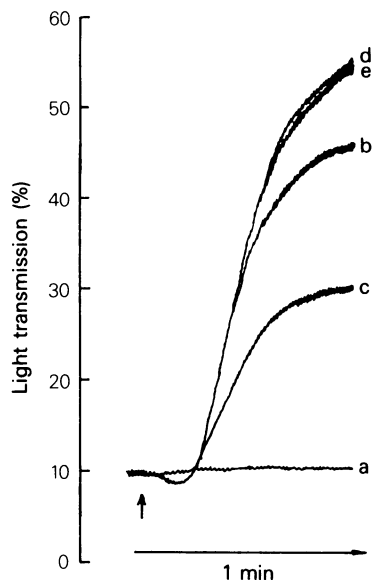
The supernatant was lyophilized and [ $^{14}$ C]-cyclic AMP and [ $^3$ H]-cyclic AMP estimated by liquid scintillation counting. Measurements of the stimulation of [ $^{14}$ C]-cyclic AMP production by PGE $_1$  were carried out in the presence and absence of the nucleotides, and % inhibition was calculated from the difference between these values after correction for the baseline effect of papaverine alone.

ATP, ADP and papaverine hydrochloride were obtained from Sigma London, ADP- $\beta$ -S was obtained from Boehringer Mannheim, and the absence of ADP was checked by high pressure liquid chromatography. PGE $_1$  and 11 $\alpha$ ,9 $\alpha$ -epoxymethano prostaglandin H $_2$  (11,9-epoxymethano PGH $_2$ ) were generous gifts from Dr D. Pike of the Upjohn Company in Kalamazoo, Michigan. AG50W-X8 [H $^+$ ] ion exchange resin was obtained from Bio-Rad Laboratories.

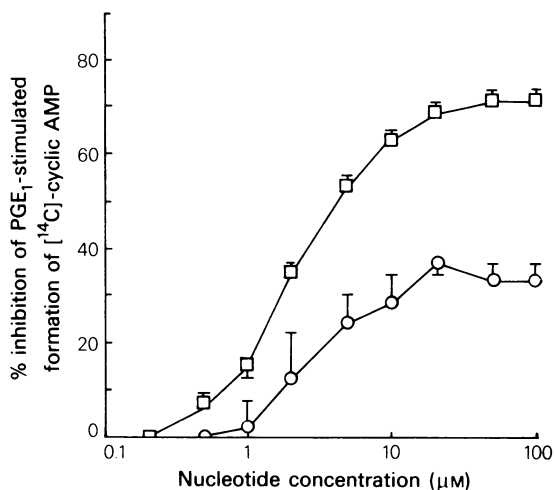
## Results

ADP- $\beta$ -S induced aggregation of human platelets, but the log dose-response curves to ADP and to ADP- $\beta$ -S were not parallel and ADP- $\beta$ -S only achieved 75% of the maximal effect of ADP even at 500  $\mu$ M (Figure 1). Aggregation induced by ADP- $\beta$ -S (20  $\mu$ M) was inhibited by ATP (50  $\mu$ M), but a higher concentration of ADP- $\beta$ -S (200  $\mu$ M) overcame this inhibition (Figure 2). ADP- $\beta$ -S caused inhibition of PGE $_1$ -stimulated increases in levels of cyclic AMP, but the log dose-response curves to ADP and to ADP- $\beta$ -S were again not parallel and ADP- $\beta$ -S only achieved 50% of the maximal effect even at 100  $\mu$ M (Figure 3).

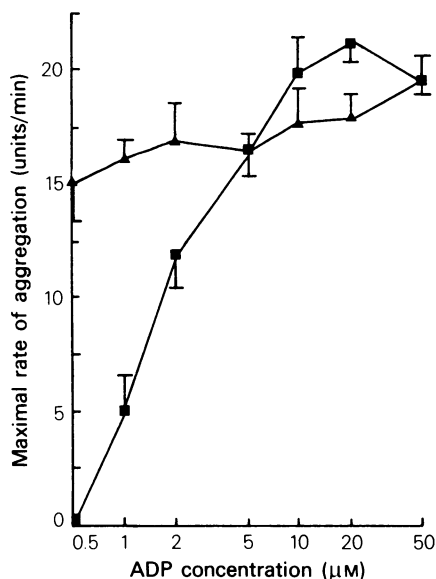
Log dose-response curves to ADP in the presence



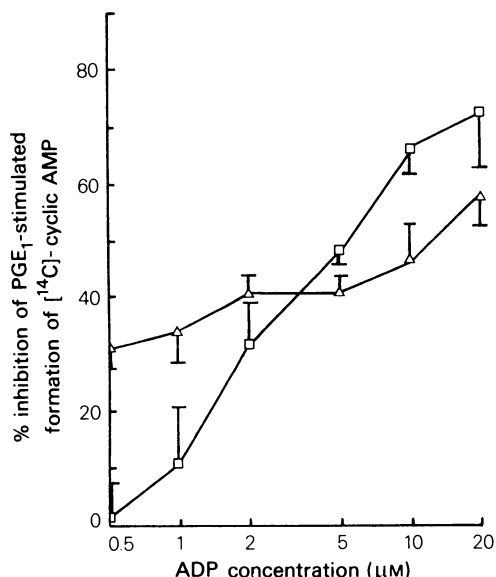
**Figure 2** Effect of ATP (50  $\mu$ M) on human platelet aggregation induced by ADP- $\beta$ -S: (a) ATP alone; (b) ADP- $\beta$ -S (20  $\mu$ M) alone; (c) ADP- $\beta$ -S (20  $\mu$ M) in the presence of ATP; (d) ADP- $\beta$ -S (200  $\mu$ M) alone; (e) ADP- $\beta$ -S (200  $\mu$ M) in the presence of ATP. Additions were made at the point indicated by the vertical arrow.



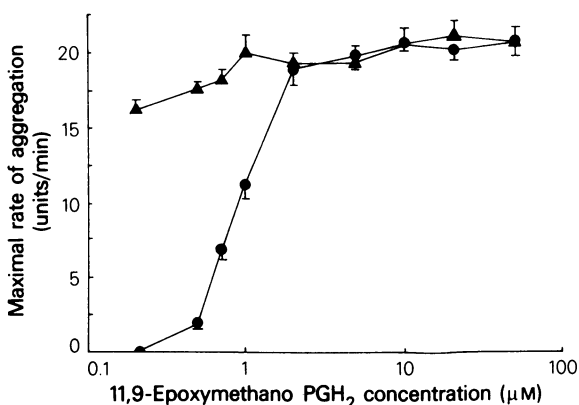
**Figure 3** Comparison of inhibition by ADP- $\beta$ -S (○) and ADP (□) of PGE $_1$  (1  $\mu$ M)-stimulated formation of [ $^{14}$ C]-cyclic AMP in the presence of papaverine (2 mM). All results are the mean of at least 3 determinations. Vertical bars show s.d.



**Figure 4** ADP-induced aggregation (arbitrary units/min) of human platelets in the absence (■) and presence (▲) of ADP- $\beta$ -S (50  $\mu$ M). All results are the mean of at least 3 determinations. Vertical bars show the standard deviation.



**Figure 5** Inhibition by ADP of PGE<sub>1</sub> (1  $\mu$ M)-stimulated formation of [<sup>14</sup>C]-cyclic AMP in the presence (Δ) and absence (□) of ADP- $\beta$ -S (50  $\mu$ M). All measurements were performed in the presence of papaverine (2 mM). All results are the mean of at least 3 determinations. Vertical bars show s.d.



**Figure 6** Aggregation of human platelets (arbitrary units/min) induced by 11,9-epoxymethano PGH<sub>2</sub> in the absence (●) and presence (▲) of ADP- $\beta$ -S (50  $\mu$ M). All results are the mean of at least 5 determinations. Vertical bars show s.d.

and absence of ADP- $\beta$ -S (50  $\mu$ M) showed that ADP- $\beta$ -S antagonized the effect of ADP as an aggregating agent (Figure 4) and as an inhibitor of PGE<sub>1</sub>-stimulated adenylate cyclase (Figure 5). In particular, the rate of aggregation induced by 20  $\mu$ M ADP alone was  $21.15 \pm 1.05$  units/min, but in the presence of ADP- $\beta$ -S was only  $17.80 \pm 1.25$  units/min. In addition, 10  $\mu$ M ADP alone caused  $66.60 \pm 5.25$  % inhibition of PGE<sub>1</sub>-stimulated adenylate cyclase, but in the presence of ADP- $\beta$ -S inhibition by ADP was reduced to  $46.19 \pm 7.80$  %. Aggregation induced by 11,9-epoxymethano PGH<sub>2</sub> was not inhibited by the simultaneous addition of ADP- $\beta$ -S (50  $\mu$ M) (Figure 6).

## Discussion

These results showed that ADP- $\beta$ -S induced human platelet aggregation and inhibited PGE<sub>1</sub>-stimulated increases in levels of cyclic AMP in human platelets. The aggregation induced by ADP- $\beta$ -S was inhibited by ATP, a known ADP antagonist (Macfarlane & Mills, 1975). The finding that the maximal effect of ADP- $\beta$ -S was considerably less than that of ADP both as an aggregating agent and as an inhibitor of PGE<sub>1</sub>-stimulated adenylate cyclase (Figures 1 and 3) suggested that ADP- $\beta$ -S might have had a simultaneous inhibitory action. Evidence for this was provided by the log dose-response curves for ADP in the presence of ADP- $\beta$ -S. At low concentrations of ADP the agonist effect of ADP- $\beta$ -S dominated, but at concentrations of ADP high enough to mask the agonist action of ADP- $\beta$ -S, ADP had less effect in the presence of ADP- $\beta$ -S than in its absence (Figures 4 and 5).

This inhibitory action of ADP- $\beta$ -S could be due to the appearance at high concentrations of a separate inhibitory component, not specific for ADP, or due to a low efficacy of ADP- $\beta$ -S at the ADP receptor. No inhibitory action was detected when platelets were aggregated in the presence of ADP- $\beta$ -S by 11,9-epoxymethano PGH<sub>2</sub>, which acts at a prostaglandin receptor (MacIntyre, Salzman & Gordon, 1978). Our evidence therefore suggests that ADP- $\beta$ -S is a partial agonist at the ADP receptor of human platelets.

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